

Aikido of Missoula announces a special seminar with

Mary Heiny Sensei & Raso Hultgren Sensei



Mary Heiny, Seventh Dan



Raso Hultgren, Seventh Dan

October 25–27, 2024

Location: *Aikido of Missoula
Union Hall Building
208 E. Main, second floor
Downtown Missoula, MT*

Cost: *\$180 for all or part of seminar*

Friday, October 25

5:00 pm-5:45 pm

Registration

6:00 pm-8:00 pm

Keiko

Saturday, October 26

10:00 am-12:30 pm

Keiko

3:00 pm-5:00 pm

Keiko

7:00 pm-10:00 pm

Potluck & Party

Sunday, October 27

10:00 am-12:30 pm

Keiko

2:30 pm-4:30 pm

Keiko

We look forward to seeing you!



For more information, call (406) 549-8387 or email aom@aikidomissoula.com

Aikido of Missoula (406) 549-8387 dojo: 208 E. Main mail: P.O. Box 8633, Missoula, MT 59807 www.AikidoMissoula.com

How To Register:

1. *Your payment secures your place in this event. Payment may be made through our website at: www.aikidomissoula.com/2024-Aikido-Seminar-with-Mary-Heiny-Sensei-and-Raso-Hultgren-Sensei or by check mailed to Aikido of Missoula, PO Box 8633, Missoula, MT 59807*
2. *Print and mail the registration form with your check. It is also fine to complete the registration paperwork at the door.*
3. *Preregistration is appreciated. You may also register at the door for this event.*

Health & Safety: Aikido of Missoula and its members take precautions for COVID-19. Please be alert and do not come to the dojo if you have symptoms of COVID-19 or have had recent exposure to anyone with COVID-19. Your full seminar fee will be refunded.

If you have questions, contact jamie@aikidomissoula.com.

We hope to see you on the mat!